Impact Report

Echoes Intergenerational Project Christmas Tour, December 2024

ECHOES
INTERGENERATIONAL PROJECT
CHRISTMAS TOUR

Echoes was designed by Abbi Thompson 'Diamondz Dance' & Rebecca Loveridge 'Adults Move Lincolnshire' in August 2024. The project was designed to combat social isolation in sheltered housing by bringing different generations together to share their love for music & dance. Their second project the 'Christmas Tour' December 2024 included a dance performance for the residents, intergenerational group discussions about the true meaning of Christmas, sharing photos of Christmas memories and Christmas Carol singing with musician Amber Sinclair.

The Echoes Christmas Tour was 1 day. 4 community venues were visited across South Holland. 43 people participated in the project ranging from 13–100 yrs old!

"Excellent. Beyond Belief. Emotional " – Fleet Hargate Resident
'Enjoyed everything. Loved the performance– Makes you feel emotional' – Nene Court resident

Breaking down Stereotypes

'Felt the same towards Christmas as the young people– It's about being with family' – Sezanne Walk resident.

'The young people are no different to us. Nice and polite, really helpful– different to what I thought' – Lyndis Walk resident.

'I enjoyed all of it. Especially that they [young people] were interested in what we had to say' – Lyndis Walk resident.

'The young people were interested in the past which I didn't expect' – Lyndis Walk resident.



Engagement & Socialisation

'Enjoyed it; something different for us. Made me emotional. The dancing brought back memories' – George.

'Nice to get out and do something or you're stuck in doors not knowing anything' – Janet.

'Enjoyed being all together watching the dances and singing together'– Sezanne Walk resident

'It's nice they came to see us. Enjoyed looking through the photos' – Fleet Hargate resident.

'I like seeing the young with the old. We don't get it anymore' – Fleet Hargate resident.









Increased Confidence

Participants reported an increased confidence in talking to others and feeling more connected with older adults.

"I felt more confident by the end of the day as I wasn't scared to talk to people." – Charlotte, aged 14

"I think it went really well. Especially as the day went on it got easier to talk to people...everyone felt good at the end" – Maddison, aged 13

"I was definitely more confident doing it (the project) the second time and I think it's really nice to hear peoples' memories about Christmas" – Lily–May, aged 15



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